

# Take control of your personal cyber security with our practical checklist:

## DEVICES

- Turn on automatic updates for software and applications on all your devices.
- Turn on auto-lock features and set a time for your devices to go to screensaver after inactivity.
- Turn on the 'Find my device' feature to make sure lost or stolen devices can be tracked, locked or wiped.
- Turn off 'Auto-Join' or 'Connect to open networks' features.

## SOCIAL MEDIA

- Check your social media privacy settings and set them to a level you are comfortable with.
- Have a social media spring clean and make sure you have a positive online reputation.
- Keep the personal, personal.  
 Delete posts or information where you may be oversharing.

## PASSWORDS

- Using common passwords?  
 Change to three random words e.g. *Bottle-leaf#photo1*.
- Change any passwords that you re-use across multiple websites to unique passwords.
- Change any passwords that have been involved in a data breach. Check on [haveibeenpwned.com](https://haveibeenpwned.com).
- Download a password manager, or use the one your browser, to safely store your passwords.

## WEB BROWSER

- Check that your internet browser and any plugins are updated.
- Turn on 'HTTPS-only' or 'Always use secure connections' features in your browser settings.
- Turn on private browsing, or choose 'Incognito' or 'Private' windows.