Take control of your personal cyber security with our practical checklist:

DEVICES

☐ Turn **on** automatic updates for software and applications on all your devices.

☐ Turn **on** auto-lock features and set a time for your devices to go to screensaver after inactivity.

☐ Turn **on** the 'Find my device' feature to make sure lost or stolen devices can be tracked, locked or wiped.

☐ Turn **off** 'Auto-Join' or 'Connect to open networks' features.

PASSWORDS

☐ Using common passwords? Change to three random words e.g. *Bottle-leaf#photo1*.

☐ Change any passwords that you re-use across multiple websites to unique passwords.

☐ Change any passwords that have been involved in a data breach. Check on *haveibeenpwned.com*.

☐ Download a password manager, or use the one your browser, to safely store your passwords.

SOCIAL MEDIA

☐ Check your social media privacy settings and set them to a level you are comfortable with.

☐ Have a social media spring clean and make sure you have a positive online reputation.

☐ Keep the personal, personal. Delete posts or information where you may be oversharing.

WEB BROWSER

☐ Check that your internet browser and any plugins are updated.

☐ Turn **on** 'HTTPS-only' or 'Always use secure connections' features in your browser settings.

☐ Turn **on** private browsing, or choose 'Incognito' or 'Private' windows.